

Canadian Ging Wu Kung Fu Martial Art Association

Volume 4, Issue 4

Newsletter for December

Happy Holidays

Their will be no classes from
Dec. 15, 2009 Till January 03,
2010

First Class will be Jan. 04, 2010

Ging Wu wishes all the students
A happy & safe holiday Season



Ging Wu X'mas Party

It's Ging Wu Pot luck X'mas
Party on
Saturday December 05, 2009
at 11:30 am
@ Ging Wu Kwoon(Club)

Happy Birthday

All members of G.W. would
like to wish Happy B/day to:

- ◇ Phoenix Du
- ◇ Michael Huang
- ◇ Jessica Spratt
- ◇ Daren Trinh
- ◇ Andy Vu
- ◇ Ben Keyes

Student of the Month

Congratulations to our
Students of the Month

SOM - Axel Scarione
Most Discipline - Billee Trung
Most Improved- Jeremy Fraser

Welcome New Student

All Members of G. W. Would
Like to Welcome

Julio Yanes
Paul Gerbrandt

Sparwar Leaders Kids

Little Leopards:
Jelena Tran
Little Dragons:
Liam Moukhaiber
Tiny Tigers:
Andy Vu

How to say it in Chinese

Dragon - Lung
Snake - Seh
Tiger - Fu
Leopard - Pow
Crane - Hawk
Happy New Year - Gung Hay Fayt Choy

Congrats to Our Students

Congratulations to all the
students with new belts

Kevin Bang - Black
Axel Scarione - Black

Carla Ernst - Brown
Jackie Varvis - Brown
Devon Kitto - Brown

Keep up the hard work!

Spar Challenge - Novice

Guys:

1st Len H.
2nd Andy O.
3rd Minh L.

Girls:

Lacey B.
Lori B.

Teens:

Matthew D.
Kalvin L.
Brandon H.

Upcoming Lion Dance

Start practicing now for
Chinese New year party,
Parade & all the Demos..
8 lion performance @ Sir Winston
Churchill Square on Wednesday,
Jan 13th @ 6pm

Check the Red Binder to Sign up

Visit our website www.gingwu.com

Tournament Winner

Congratulations to
Lori Beaudin
who represented us at the
Brock Memorial Tourna-
ment in Red Deer, AB. Lori
won Gold in Forms &
Bronze in Sparring!!!!

Hung Gar Challenge Leaders

TEAM ROCKET
Thoai Tran

TEAM Flying Dragon,
Roaring Tiger
Richard Hunyh

Next HGC is December
14th, 2009 (Lion Dance)